



Bullying-free schools in Estonia: KiVa + TORE



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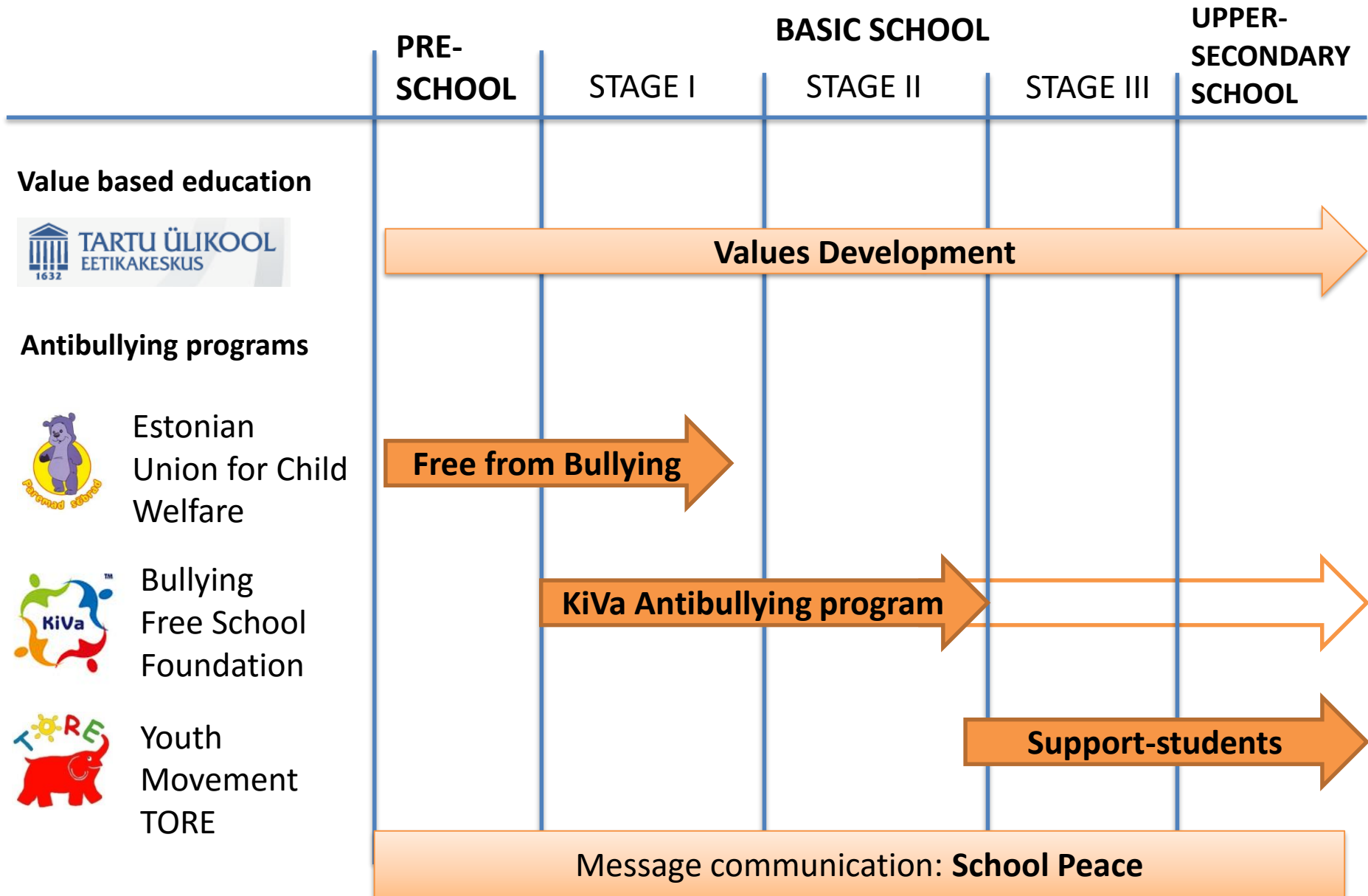
Situation in Estonia

- HBSC 2009/2010: 29 European countries – Estonia 4th in victimization (averagely 22%)
- Praxis (2012) ~ **half of students** report experiencing, **7%** suffers constatntly.
- EU Kids Online (2010): among 9-16 year olds **40%** has experienced cyberbullying.
- ISRD-3, 2014: **22%** 13-16-year olds have been bullied.

CONTEXT: SCHOOL SAFETY

- **LEGISLATION:**
 - Human Rights Harta
 - Child protection
 - Pre-school Child Care Institutions Act
 - Basic Schools and Upper Secondary Schools Act
 - National Curricula
- **Values development**
- **Health promotion**
- **In schools – house rules, emergency guidelines**
- ...

A Coalition for bullying-free education





KiVa + TORE



- Members of the Coalition
- KiVa EST and TORE Team meetings
- KiVa+TORE schools' workshop in December 2015
- **TO ENHANCE BOTH PROGRAMMES' EFFORTS AND INCLUDE ALL GRADES**
- Web-based materials to support schools:
 - Recommendations booklet
 - Sample time-plan of KiVa+TORE school year
- Materials are „alive“ – contributions from schools are invited and material is regularly updated



KiVa +TORE



ORGANISATION

- Input to school curriculum
- Joint AB team, role division
- Strategic planning
- AB action-plan and implementation

WHOLE SCHOOL

- Joint communication
- Educational AB activities to inform whole school
- Extracurricular events for better climate (projects)

CLASSROOM

- Preparing and involving SSs in giving KiVa lessons
- Introducing TORE in KiVa lessons – future support students

BULLYING CASE

- SSs know KiVa-team's work and explain this to peers
- SSs notice and report bullying
- SSs encourage students to contact KiVa teams
- SSs support victims and bullies



Future:



- More and more KiVa+TORE schools
- A small action research project

- Less and less bullying & victimisation!



Thank You!

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